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Personal Growth and Behavior

07/08



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Personal Growth and Behavior

07/08

Twenty-Sixth Edition

EDITOR

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SUNY at Geneseo (Emerita)

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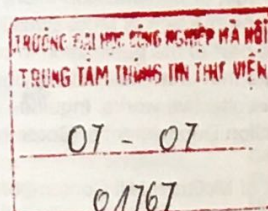
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Carl Rogers was a quintessential **humanistic psychologist**. Kirschenbaum reviews Rogers's life and work as well as his now famous theory.

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- 2. Freud in Our Midst**, Jerry Adler, *Newsweek*, March 27, 2006

Freud, the pioneer who first explored the mind, is still with us in terms of his influence on all manner of things psychological. His impact on **therapy, dream interpretation, childhood as the foundation of adulthood, other theories of the mind**, and even **our vocabularies**, has been enormous. Many of his contributions are reviewed in this article.

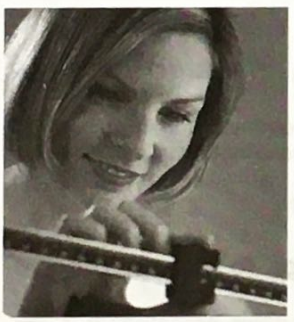
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- 3. Skepticism of Caricatures: B.F. Skinner Turns 100**, Scott T. Gaynor, *Skeptical Inquirer*, January–February 2004

Noted American behaviorist **B.F. Skinner** would turn 100 this year were he still alive. His **theory of human behavior** dominated psychology for decades. Today, there are many myths about what Skinner said and what his work really demonstrated. The author of this article deftly examines each myth and then shatters it using Skinner's own words.

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- 4. Psychology of Safety: The "Big Five" and You: How Personality Traits Can Affect Behavior**, Scott Geller, *Industrial Safety & Hygiene News*, July 2004

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7. **Nature vs. Nurture: Two Brothers With Schizophrenia**, Norman L. Keltner, et al., *Perspectives in Psychiatric Care*, July/September 2001
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21. **Staving Off Middle-Age Spread Requires Portion Control and Plenty of Exercise**, Jill Wendholt Silva, *Knight Ridder/Tribune News Service*, June 13, 2003

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